

# INGREDIENTS GUIDE FOR ASTHMA MEDICATION



In Australia, medicines are now prescribed using their active ingredient name, instead of their brand name. The active ingredient is the generic drug the medicine contains.

This list will help if:

- You aren't sure what drug your normal asthma medicine contains
- You aren't sure whether your new prescription is for your normal asthma medicine

You'll also notice that some asthma medicines have generic brands available. In some cases your doctor might specify a specific brand on your prescription, but if they don't, you could be offered a generic at the chemist. In some cases, the generic might come in a different delivery device. If this happens, discuss with your doctor or pharmacist if this is appropriate for you, and ask them to train you on how to use the new inhaler correctly.

## HOW TO USE THIS RESOURCE?

- 1 LOOK FOR THE NAME OF YOUR MEDICINE ON THE LEFT SIDE**
- 2 REFER TO THE ACTIVE INGREDIENTS IN THE RIGHT COLUMN**
- 3 FIND THE MEDICATION TYPE AT THE TOP OF THE SECTION TO REMIND YOURSELF WHAT IT DOES**

It's as simple as that. With this resource, you'll be clear on what your prescriptions are for and what they mean for your asthma.

MEDICATION TYPE AND NAME	ACTIVE INGREDIENTS
<b>RELIEVERS</b>	
Works by opening the airways and providing quick relief of symptoms	
<b>Inhalers:</b> Airomir Autohaler; Asmol Inhaler; Ventolin Inhaler, Zempreon Inhaler	Salbutamol
<b>Nebules:</b> APO-Salbutamol; Salbutamol AN; Salbutamol Actavis, Salbutamol Cipla, Asmol 5 uni-dose, Asmol 2.5 uni-dose, Ventolin nebules	
Bricanyl Turbuhaler	Terbutaline
<b>DUAL PURPOSE RELIEVERS</b>	
(budesonide/formoterol as-needed); relieves symptoms and reduces risk of serious flare-ups by treating inflamed airways	
DuoResp Spiromax; Symbicort Rapihaler; Symbicort Turbuhaler	Budesonide and Formoterol
<b>PREVENTERS (inhaled corticosteroid only)</b>	
Works to prevent asthma symptoms, improve asthma control, reduce risk of flare-ups, reduce sensitivity to triggers by treating inflammation	
Alvesco Inhaler	Ciclesonide
Arnuity Ellipta	Fluticasone furoate
Axotide, Flixotide Accuhaler, Fluticasone Cipla Inhaler, Flixotide Inhaler Flixotide Junior Inhaler; Flixotide Junior Accuhaler	Fluticasone propionate
<b>Inhaler:</b> Pulmicort Turbuhaler	Budesonide
<b>Nebules:</b> Pulmicort Respules	
QVAR Autohaler; QVAR Inhaler	Beclometasone dipropionate

MEDICATION TYPE AND NAME	ACTIVE INGREDIENTS
<b>COMBINATION PREVENTERS (inhaled corticosteroid and 1-2 long-acting bronchodilators)</b> Works to prevent asthma symptoms, improve asthma control, reduce risk of flare-ups, reduce sensitivity to triggers by treating inflammation, like regular preventers. They also have one or two long-acting medicines which relax airway muscles.	
Aectura Breezhaler	Mometasone furoate and indacaterol
Breo Ellipta	Fluticasone furoate and vilanterol
DuoResp Spiromax; Symbicort Rapihaler; Symbicort Turbuhaler	Budesonide and formoterol
Energair Breezhaler	Mometasone furoate, indacaterol and glycopyrronium
Fluticasone + Salmeterol Cipla Inhaler; Pavtide Inhaler; SalplusF Inhaler; Seretide Accuhaler; Seretide Inhaler; Seroflo Inhaler	Fluticasone propionate and Salmeterol
Flutiform Inhaler	Fluticasone propionate and formoterol
Fostair Inhaler	Beclometasone and formoterol
<b>NON-STEROIDAL PREVENTER MEDICATION</b> Works by reducing airway inflammation, making airways less responsive to triggers	
APO-Montelukast; Auro-Montelukast Tabs 4; Auro-Montelukast Tabs 5, Montelair 4; Montelair 5; Montelair 10; Montelukast AN; Montelukast APOTEX, Montelukast GH Montelukast Lupin; Montelukast Mylan; Montelukast Sandoz 4; Montelukast Sandoz 5; Respikast 4; Respikast 5; Singulair	Montelukast
Intal Inhaler, Intal Forte Inhaler	Sodium cromoglycate
<b>ADD-ON INHALED MEDICATIONS</b> Works by providing additional support to common preventer therapies, improving asthma control, reducing risk of flare-ups by relaxing tight airway muscles	
<b>Inhaler:</b> Atrovent Inhaler <b>Nebules:</b> APO-Ipratropium; Aeron 250 Aeron 500; Ipratrin; Ipratrin Adult; Atrovent Atrovent Adult	Ipratropium bromide
Foradile Inhaler; Oxis Turbuhaler	Formoterol
Serevent Accuhaler	Salmeterol
Spiriva Respimat	Tiotropium
<b>OTHER ADD-ON INJECTABLE MEDICATIONS (monoclonal antibodies or biologics)</b> Works by preventing symptoms, reduces risk of flare-ups and reduces steroid requirement by interrupting the pathway that leads to airway inflammation	
Dupixent	Dupilumab
Fasenra	Benralizumab
Nucala	Mepolizumab
Xolair	Omalizumab
<b>OTHER MEDICATION FOR SHORT TERM USE</b> Works by relieving severe and dangerous symptoms in an emergency through reducing inflammation throughout the body	
<b>Tablet:</b> Dexmethsone	Dexamethasone
<b>Tablet:</b> Panafcort; Sone	Prednisone
<b>Tablet:</b> Panafcortelone; Solone	Prednisolone
<b>Liquid:</b> Predmix; Redipred	Prednisolone syrup or Prednisolone liquid

If you have questions about your asthma, asthma medication or treatment speak to your doctor or call one of our Asthma Educators on **1800 ASTHMA** (1800 278 462). Alternatively, you can book a call by visiting **[asthma.org.au](https://asthma.org.au)**.