

CAN YOU CHOOSE A HEALTHIER WAY TO HEAT YOUR HOME THIS WINTER?

DID YOU KNOW THAT WOOD HEATER SMOKE IS A **TOP SOURCE** OF WINTER AIR POLLUTION?

The smoke wood heaters produce contains fine particulate matter (PM2.5), a dangerous pollutant that harms our bodies. PM2.5 can be inhaled deep into the lungs and cause breathing difficulties and can even enter the bloodstream.

Smoke travels across neighbourhoods, posing a serious health risk to everyone.

WOOD HEATER SMOKE IS PARTICULARLY DANGEROUS FOR:



People living with asthma or other respiratory conditions



People with heart disease



Pregnant people and their unborn children



Infants and young children



Elderly people

RESEARCH SHOWS **HALF** OF WOOD HEATER USERS IN AUSTRALIA ALSO HAVE HEALTHIER, ALTERNATIVE HEATING OPTIONS.

If you have the choice, consider using reverse-cycle air conditioning instead. It's cleaner, more efficient, and better for your neighbours and the environment.

The people around you will thank you!